Mind Body Health Center Please Join Us For

A Double Session

Parents Only Group!!



Come prepared to discuss an emotional or behavioral question or struggle you have at home with your child.

Leave with a step-by-step plan to implement at home.

Return 2 weeks later for a follow up discussion about how you have implemented the plan at home, changes you have observed, and additional strategic planning.

Groups forming now – Please contact us now for available times and topics

Group Session Fee: \$200 per group session. An invoice that can be submitted to insurance companies for out of network reimbursement will be provided to participants at time of payment.

Space is Limited

Register today with Erika Ledder Inzano, LCSW 908-672-9750 erikainzano@gmail.com